

Myositis Case Scoring Sheet

Case No:
28

Investigator Name:
test400

Submitted At:
8/26/2025, 11:02:28 AM

Case Presentation: Initial
Manual Muscle Testing 8 (MMT 8)

Muscle Group	Right (0–10)	Left (0–10)	Axial (0–10)
Axial Muscle			
Neck Flexor	-	-	7
Proximal Muscles			
Deltoid	1	2	-
Biceps	2	1	-
Quadriceps	1	1	-
Gluteus Medius	8	9	-
Gluteus Maximus	7	9	-
Distal Muscles			
Wrist Extensor	10	9	-
Ankle Dorsiflexion	8	8	-
MMT-8 Scoring			
Individual Score	37	39	7
Total Score		83	
Maximum Individual Possible Score	70	70	10
Maximum Total Possible Score		150	

**Case Presentation: Initial
Cutaneous Dermatomyositis Disease Area and Severity Index (CDASI)**

CDASI Activity

Anatomical Location	Erythema	Scale	Erosion/Ulceration
	0 - absent 1 - pink; faint erythema 2 - red 3 - dark red	0 - absent 1 - scale 2 - crust; lichenification	0 - absent 1 - present
Scalp	1	0	1
Malar Area	0	0	0
Periorbital	0	0	0
Rest of the Face	0	1	0
V area Neck (Frontal)	0	1	0
Posterior Neck	0	0	0
Upper Back & Shoulders	0	0	0
Rest of Back & Buttocks	2	0	1
Abdomen	0	1	1
Lateral Upper Thigh	1	1	1
Rest of Leg & Feet	0	1	1
Arm	0	0	1
Mechanic's Hand	0	0	1
Dorsum of Hands (Not Over Joints)	0	1	0
Gotttron's - Not on Hands	2	0	0

CDASI Damage

CDASI Damage

Anatomical Location	Poikiloderma	Calcinosis
Scalp	1	1
Malar Area	0	0
Periorbital	1	0
Rest of the Face	0	0
V area Neck (Frontal)	0	1
Posterior Neck	0	1
Upper Back & Shoulders	1	0
Rest of Back & Buttocks	2	0
Abdomen	2	1
Lateral Upper Thigh	0	0
Rest of Leg and feet	0	0
Arm	0	0
Mechanic's Hand	1	0
Dorsums of hands (Not Over Joints)	0	0
Gottron's - Not on Hands	1	0

Gottron's, Periungual, Alopecia Assessment

Gottron's – Hands

Examine the patient's hands and double score if papules are present		Ulceration	Examine patient's hands and score if damage is present	
0 - absent 1 - pink; faint erythema 2 - red erythema 3 - dark red	1	0- Present	0 - absent 1 - dyspigmentation 2 - scarring	1
Papule Present			yes	

Periungual

Periungual changes (examine)

0 - absent

1 - pink/red erythema / microscopic telangiectasias

2 - visible telangiectasias

0

Alopecia

Recent Hair loss (within last 30 days as reported by the patient)

0 - absent

1 - present

0

Overall Score Summary

Total Activity Score

Add up: Erythema, Scale, Excoriation, Ulceration, Gottron's, Periungual, Alopecia

105

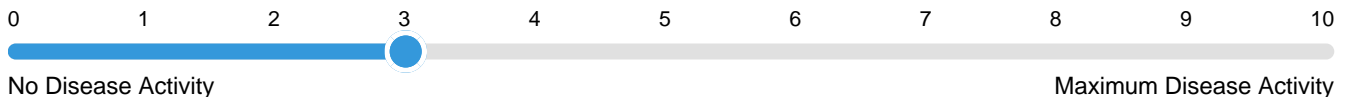
Total Damage Score

Add up: Poikiloderma, Calcinosis

13

Case Presentation: Initial Physician Global Disease Activity

Please rate patient's global (overall) disease activity



Selected Value: 3

Case Presentation: Follow up**Answers with possible correct responses based on patient's examination in the case.**

Muscle Group	Right (0–10)	Left (0–10)	Axial (0–10)
Axial Muscle			
Neck Flexor	-	-	-
Proximal Muscles			
Deltoid	-	-	-
Biceps	-	-	-
Quadriceps	-	-	-
Gluteus Medius	-	-	-
Gluteus Maximus	-	-	-
Distal Muscles			
Wrist Extensor	-	-	-
Ankle Dorsiflexion	-	-	-
MMT-8 Scoring			
Individual Score	0	0	0
Total Score		0	
Maximum Individual Possible Score	70	70	10
Maximum Total Possible Score		150	

**Case Presentation: Follow up
Cutaneous Dermatomyositis Disease Area and Severity Index (CDASI)**

CDASI Activity

Anatomical Location	Erythema	Scale	Erosion/Ulceration
	0 - absent 1 - pink; faint erythema 2 - red 3 - dark red	0 - absent 1 - scale 2 - crust; lichenification	0 - absent 1 - present
Scalp	2	0	0
Malar Area	0	0	0
Periorbital	0	1	1
Rest of the Face	1	0	1
V area Neck (Frontal)	1	2	0
Posterior Neck	1	0	0
Upper Back & Shoulders	1	0	1
Rest of Back & Buttocks	1	2	1
Abdomen	0	1	1
Lateral Upper Thigh	2	1	1
Rest of Leg & Feet	1	2	1
Arm	1	0	0
Mechanic's Hand	1	0	1
Dorsum of Hands (Not Over Joints)	0	1	1
Gotttron's - Not on Hands	0	1	0

CDASI Damage

CDASI Damage

Anatomical Location	Poikiloderma	Calcinosis
Scalp	2	0
Malar Area	2	0
Periorbital	1	0
Rest of the Face	2	0
V area Neck (Frontal)	2	0
Posterior Neck	1	0
Upper Back & Shoulders	2	0
Rest of Back & Buttocks	1	0
Abdomen	1	0
Lateral Upper Thigh	1	0
Rest of Leg and feet	2	0
Arm	1	0
Mechanic's Hand	1	1
Dorsums of hands (Not Over Joints)	1	0
Gottron's - Not on Hands	1	1

Gottron's, Periungual, Alopecia Assessment

Gottron's – Hands

Examine the patient's hands and double score if papules are present		Ulceration	Examine patient's hands and score if damage is present	
0 - absent 1 - pink; faint erythema 2 - red erythema 3 - dark red	0	0- Present	0 - absent 1 - dyspigmentation 2 - scarring	1
Papule Present			yes	

Periungual

Periungual changes (examine)

0 - absent

1 - pink/red erythema / microscopic telangiectasias

2 - visible telangiectasias

1

Alopecia

Recent Hair loss (within last 30 days as reported by the patient)

0 - absent

1 - present

-

Overall Score Summary

Total Activity Score

Add up: Erythema, Scale, Excoriation, Ulceration, Gottron's, Periungual, Alopecia

157

Total Damage Score

Add up: Poikiloderma, Calcinosis

23

Case Presentation: Follow up Physician Global Disease Activity

Please rate patient's global (overall) disease activity



Selected Value: 0